

SUNSHINE DEPARTMENT

I. S. S. W.

CHEERFUL WORKERS OF SUPERIOR.

Dear Mr. Editor: We wish to thank all the kind people who responded to our "hurry up call" for sunshine work last week. The garments and groceries were taken to the needy one by the Cheerful Workers. She was delighted with the nice sunshine she received. A few would have the Cheerful Workers investigate before giving necessities. We believe if any one is hungry and needy to respond at once and investigate afterward, which we did in this case. Some would discourage us, but we are brave and mean business when we do sunshine work. Some had promised this lady help. She waited very patiently and long, but it did not come. Let us never promise anything we cannot do. If there is a call for sunshine we must help—that is what our society is for.

We hope God will bless all our little efforts we put forth in His name. It made us happy to see the grateful thanks rendered for the sunshine given. We will always stand ready to scatter sunshine to those who need our bright rays.

Please notice the birthdays in February of "shut-ins." They want letter parties:

J. Albert Zepp, vice president of United States Shut-in Correspondence Club of I. S. S., Feb. 5, 29 years old.

Minnie M. Elliot, president U. S. S. C. of I. S. S., Ovid, Ind., Feb. 19.

Nellie Carolyn Nichols, Sunshine Bower, 2005 Twenty-fourth street, Superior, Wis., secretary of U. S. S. C. of I. S. S., Feb. 5, will be 16 years old.

Willis Jane Shepard, Weedorne, Ala., Feb. 5.

Marie Wilson, 620 Whittington avenue, Hot Spring, Ark., Feb. 14; will be 19 years old.

Edith Myers, Brushvalley, Pa., Feb. 10.

Who will be a guest at these letter parties?

A barrel of sunshine was shipped to Wheaton, Minn., to a family who needs sunshine. Soon another box will be sent into a country home where some more sunshine is needed. Any one knowing where sunshine will find a welcome in the shape of flowers for the sick, reading for any body who needs it, or food or secondhand clothing call us up. We are always ready for any sunshine act. Yours for sunshine "Cheerful Workers."

Officers of society—R. E. Kenyon, president, corner John and Central avenues; Mrs. Ella Nichols, secretary, 2005 Twenty-fourth street. Report by 'phone or letter to either of above if Sunshine work is needed.

Meetings held each Sunday afternoon at 3 o'clock at Sunshine Bower, 2005 Twenty-fourth street. Interested visitors, old or young, welcome at any meeting.

President, general, Mrs. Cynthia Westover Alden, 96 Fifth avenue, New York City.

Motto: Good cheer.
Society song: Scatter Sunshine.
Floral emblem: The Careopsis.
Colors: Yellow and white.
Incorporated March 3, 1900, in New York.

Object: To make the unhappy happy.

Have you had a kindness shown?
Pass it on.
'Twas not given for you alone,
Pass it on.
Let it travel down the years,
Let it wipe another's tears,
Till in heaven the deed appears,
Pass it on.

Sunshine thoughts for each day of the week:

Sunday—Forget not the sunshine that you will be able to scatter through the week.

Monday—Gather roses while you may and scatter sunshine by the way.

Tuesday—There's help in seeming cheerful, when a body's feeling blue, in looking calm and pleasant, if there's nothing else to do.

Wednesday—You'd be surprised, I'm sure, to know how far a little word can go. Give happy words as you go too and fro; and help some poor body that's filled with woe.

Thursday—When troubles march to meet you salute them at the door; extend both hands to greet them, their worst will soon be o'er.

Friday—Of helpful words, that march with grace, and bear sweet sunshine in the face.

Saturday—Remember the love that ever watcheth, Our Friend, that's ever near.

Dear Mr. Editor: Sunshine has been darting its bright rays in ever so many places during the past week. This week we are going to send a nice cheery letter party to one of our members who has gone away to spend the cold winter months, and is homesick for friends here. We will send so many white winged messages of sunshine that she will think she has a snow-storm; only it will be a very mild one and will melt soon, having so much sunshine with it.

We have a little item about "Comfort powders" we wish to call your attention to. Frank G. Jackson, shut-in, prepares these powders from the medicine chest of the Great Physician. Helpful in cases of discouragement, discontent, loss of patience, disappointment, heart trouble, etc. Take one powder each morning, or as often as needed—thoroughly mixed with equal parts of confidence and thanksgiving. If any of us need them, his address is East Jefferson, Maine.

We are glad to learn there is a sunshine society in Duluth; would like to work together in sunshine work. Please let us hear from you. Sunshine Bower is headquarters for all sunshine work in Superior. 'Phone 4747-2. Call up the little sunshiner shut-in who devotes all her time to sunshine—always busy trying to cheer and brighten some other shut-in's life. She cannot walk or even sit up; yet is always busy scattering rays of sunshine. She received 1,000 letters during the year 1903.

ELLA NICHOLS, Secretary.